



Cervical Screening Programme

- Cervical Screening Programme
18/F Wu Chung House,
213, Queen's Road East, Wan Chai
Enquiry Hotline: 2961 8778
Fax: 2833 5445
- Cervical Screening Programme Website:
www.cervicalscreening.gov.hk
- Department of Health
24-hour Health Education Hotline:
2833 0111



Department of Health

Cervical Screening Programme

Invitation

Protect yourself from Cervical Cancer!
Please have cervical smears regularly and register with the Cervical Screening Programme of the Department of Health.

Cervical Cancer



Disease Burden of Cervical Cancer in Hong Kong

Cervical cancer was the fourth most common cancer among females in Hong Kong in 2003. There were 408 new cases, accounting for 4.3% of all new cancer cases in females. The median age at diagnosis was 50. The chance of developing cervical cancer in the lifetime was 1 in 112. Cervical cancer was the eighth most common cause of cancer deaths among females in 2004. There were 128 deaths, accounting for 2.8% of all cancer deaths in females.

Prevention of Cervical Cancer

Risk factors for cervical cancer include infection with human papillomavirus (HPV), sexual activity at an early age, having multiple sexual partners, smoking and the lack of vegetables and fruits in diet. Cervical cancer is prevented primarily by controlling the risk factors with measures such as practising safer sex, avoiding smoking and adopting healthy lifestyle. Scientific evidence has demonstrated that organized population-based screening is very effective in reducing cervical cancer incidence and deaths.

Screening of Cervical Cancer



Cervical cancer is usually preceded by abnormal changes in the cervical cells which can occur without any symptoms or pain. Cervical smear is a screening test that could detect these abnormal cellular changes in the cervix. With early detection, prompt and proper management, such lesion would be prevented from developing into cervical cancer.

Cervical Smear

It is a very safe and simple test that only takes a few minutes. The doctor or nurse will use a special instrument called speculum to gently open the vagina so that the cervix can be seen. A slim spatula or a small brush is then used to wipe some cells from the cervix. The cells are transferred onto a glass slide or into a bottle of preservative fluid, and sent to the laboratory for examination. The test should not hurt; if it does, tell the doctor or nurse.

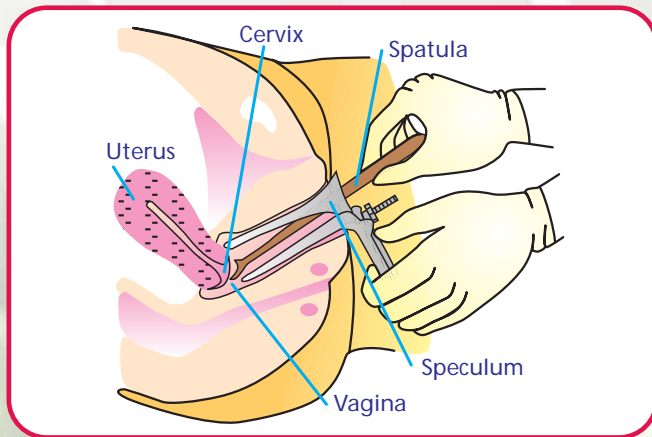


Diagram showing how a cervical smear is taken

Persons Who Need Cervical Smear

- All women aged 25-64 years who have ever had sexual experience, irrespective of whether being single or married, or whether having reached menopause or not, are recommended to have regular smears. Even if one has had no sexual experience for a long time or had sterilization, cervical smear is still needed.
- Women aged 65 years or above, who have had sexual experience, should seek doctor's advice on having a cervical smear if they have never had one before.
- Women below the age of 25 who have had sexual experience and have risk factors for cervical cancer, such as smoking, multiple sexual partners, decreased body resistance, could seek medical advice from doctors concerning the need for cervical smear.
- Women who have never had sexual experience or who have had total hysterectomy do not need cervical smear.

Screening Interval

The screening interval can follow the sequence of: 1 year, 1 year, 3 years, 3 years and so on. That is, if the first 2 annual cervical smears show normal results, repeat smears every 3 years. If there is any problem, such as vaginal bleeding or pain, don't wait until the next cervical smear. See a doctor straight away, even if the recent cervical smear was normal. Besides, some women may need more frequent screening. Doctors will make recommendations according to the clinical situation.

"No worry when start with 2 annual smears, peace of mind when have it every 3 years afterwards"

Results of Cervical Smear

The different types of cervical smear results are as follows:

A "negative" result means no abnormal cells are detected. The woman has a much lower risk of harbouring cancerous changes in the cervix when compared to the unscreened population.

A "positive" result means abnormal cells are detected. However, it does not necessarily mean that there is cancer. Most of the time, it means some minor changes and only needs follow-up observations by doctor. Sometimes further investigations may be required to see if the changes are serious or not. Women should discuss the management plan with their doctor.

A "false negative" result means that abnormality in the cervix is not detected by the test. It could be due to sampling, transfer or laboratory error. Since it takes a long time for cervical cancer to develop, having regular smears can detect those abnormalities that may be missed by a single smear.

A "false positive" result means that the test result is abnormal, but no abnormality is detected on subsequent investigations. Since some lesions regress completely, or are very local, or small, they can hardly be detected in follow up tests. Further examinations or repeated smears can assure that the woman is not harbouring an abnormality.

Cervical Screening Programme

The Cervical Screening Programme (CSP) is a territory-wide screening programme launched by the Department of Health (DH) on 8 March 2004 in collaboration with public and private health care providers and laboratories. The objectives are to increase the population coverage rate of cervical screening among women and to reduce the incidence and mortality of cervical cancer in Hong Kong. Women are encouraged to have cervical smear in the clinics or medical centres of their own choice and to provide their cervical smear information through their health care providers to the central registry of the Cervical Screening Programme.

The Cervical Screening Information System (CSIS).

CSIS is an electronic central registry for storing participants' information. The Department of Health constantly strictly adheres to the Personal Data (Privacy) Ordinance and will keep personal data confidential at all times. All women who receive cervical smear are eligible to register free of charge.

Methods of registration

1. Registration through health professionals who have joined the programme by filling the registration form.
2. Direct registration
 - i. **Online method**
Complete the on-line registration form on CSIS website (www.csis.gov.hk). Send a photocopy of your Hong Kong identity card to CSP by mail.
 - ii. **Offline method**
Download the registration form from the CSP website (www.cervicalscreening.gov.hk) or contact us for the registration form. Complete the form and send it with a photocopy of your Hong Kong identity card to CSP by mail.

The benefits of joining the system

After registration, with your demographic information and smear records provided by your service provider and laboratory to CSIS, you will:

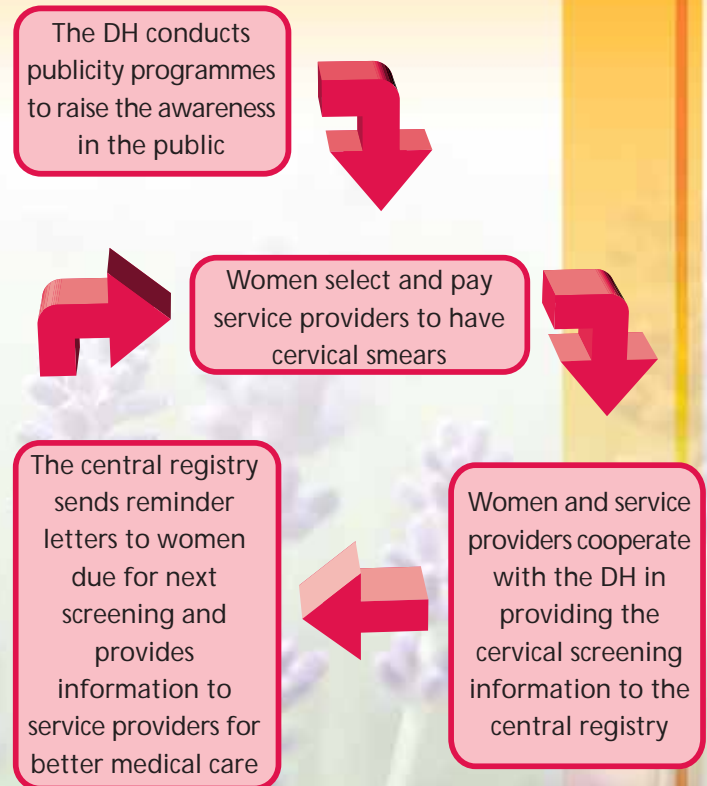
1. Receive reminder letter before your next smear is due.
2. View your stored smear results through CSIS (www.csis.gov.hk)

3. With your approval, your registered health care provider can access your smear history. This will facilitate them in providing better follow-up care to you.

Points to note to applicant:

1. After approving of your registration, a personal account and a personal authorization code will be created in the CSIS. Please remember the code. Your service provider has to use this code for accessing your smear records and personal information.
2. If you register through your service provider, he/she will submit your smear results to CSIS. If you register by yourself, you have to send the smear results to the CSP by mail.
3. After registration with CSIS, you should still have to make appointment with your service provider. CSIS will not arrange medical appointment for the participants.

Flowchart of the Cervical Screening Programme



Medical Professionals or Organizations that Provide Cervical Screening Service

- Gynaecologists in private practice and family doctors
- Family Planning Association of Hong Kong and Youth Health Care Centre:
Service hotline: 2572 2222

Women's Health Clinic	Address	Telephone Number
Wanchai Clinic	Room 901, 9/F, Southorn Centre, 130 Hennessy Road, Wan Chai, Hong Kong	2574 9523
Ma Tau Chung Clinic	2/F, 105 Ma Tau Chung Road, Kowloon	2711 9656
Yuen Long Clinic	1/F, 149-153 On Ning Road, Yuen Long, New Territories	2477 3201
New Tsuen Wan Clinic	Room 1622B, 16/F, Nan Fung Centre, 264-298 Castle Peak Road, Tsuen Wan, New Territories	2742 8183
Wong Tai Sin Clinic	G/F, No. 1-2, Lung On House, Lower Wong Tai Sin Estate II, Kowloon	2326 2447
Wo Che Clinic	4/F, 18 Wo Che Commercial Complex, Shatin, New Territories	2604 2720
Mobile Clinic	-	2711 9656
Youth Health Care Centre	Address	Telephone Number
Wanchai Youth Health Care Centre	Room 902, 9/F, Southorn Centre, 130 Hennessy Road, Wanchai, Hong Kong	2575 4799
Mongkok Youth Health Care Centre	Room A, 13/F, Full Win Commercial Centre, 573 Nathan Road, Kowloon	2770 4994
Tsuen Wan Youth Health Care Centre	Room 1621A, 16/F, Nan Fung Centre, 264-298 Castle Peak Road, Tsuen Wan, New Territories	2443 2773

Birth Control Clinic	Address	Telephone Number
Wanchai Clinic	G/F, Southorn Centre, 130 Hennessy Road, Wan Chai, Hong Kong	2919 7777
Ma Tau Chung Clinic	1/F, 105 Ma Tau Chung Road, Kowloon	2711 9271
Yuen Long Clinic	G/F, 149-153 On Ning Road, Yuen Long, New Territories	2477 3201
Wong Tai Sin Clinic	G/F, No. 1-2, Lung On House, Lower Wong Tai Sin Estate II, Kowloon	2326 2447
New Tsuen Wan Clinic	Room 1622B, 16/F, Nan Fung Centre, 264-298 Castle Peak Road, Tsuen Wan, New Territories	2742 8183
Tsuen Wan Clinic	G/F, No. 10, Wing Hong House, Fuk Loi Estate, Tsuen Wan, New Territories	2493 3318
Wo Che Clinic	4/F, 18 Wo Che Commercial Complex, Shatin, New Territories	2604 2720

N.B.: Women who are practising contraception can go directly to birth control clinics without a prior appointment. Those who are not practising contraception can call the women's health clinics for an appointment. Unmarried women below the age of 26 can call a Youth Health Care Centre for an appointment.

- United Christian Nethersole Community Health Service

Community Health Centre	Address	Telephone Number
Jockey Club Wo Lok Community Health Centre	Unit 26-33, G/F, Kui On House, Wo Lok Estate, Hip Wo Street, Kwun Tong, Kowloon	2344 3444
Bradbury Kwong Tin Community Health Centre	Unit 203, Kwong Tin Shopping Centre, Kwong Tin Estate, Lam Tin, Kowloon	2340 3022
Fu Heng Community Health Centre	4/F, Neighbourhood Community Centre, Fu Heng Estate, Tai Po, New Territories	2664 6231
Kwong Fuk Community Health Centre	No. 19, G/F, Kwong Yan House, Kwong Fuk Estate, Tai Po, New Territories	2638 3846
Jordan Community Health Centre	Room 610, Champion Building, 301-309 Nathan Road, Kowloon	2770 8365 2783 7628

- **Caritas – Hong Kong**
Precious Blood Hospital (Caritas)

Address: 113 Castle Peak Road, Sham Shui Po, Kowloon
Enquiry Hotline: 2386 4281 (Ext. 109 or 110)

Caritas Clinic	Address	Telephone Number
Caritas Tsuen Wan Clinic	G/F, 146 Chung On Street, Tsuen Wan, New Territories	2498 6941
Caritas Caine Road Clinic	Room 032, Caritas House, 2 Caine Road, Hong Kong	2843 4617
Caritas Ngau Tau Kok Clinic	1 On Tak Road, Ngau Tau Kok, Kowloon	2750 2728

- **Haven of Hope Christian Service Clinics Network**

Clinic	Address	Telephone Number
Haven of Hope Beverly Garden Clinic	Shop 55, G/F, Beverly Garden, 1 Tong Ming Street, Tseung Kwan O, Kowloon	2217 9600
Haven of Hope Bradbury Hau Tak Clinic	Shop 101-104, Hau Tak Estate Shopping Centre, Hau Tak Estate, Tseung Kwan O, Kowloon	2706 6881
Haven of Hope Bradbury King Lam Clinic	Shop No. 3, G/F, King Lui House, King Lam Estate, Tseung Kwan O, Kowloon	2701 9223
Haven of Hope S. K. Yee Hang Hau Clinic	G/F, Haven of Hope Woo Ping Care & Attention Home, 8 Pui Shing Lane, Tseung Kwan O, Kowloon	2703 2060
Haven of Hope S. K. Yee Po Lam Clinic	Unit 327-328, Po Ning House, Po Lam Estate, Tseung Kwan O, Kowloon	2704 5334
Haven of Hope S. K. Yee Verbena Heights Clinic	Shop 7, G/F, Block 2, Verbena Heights, 8 Mau Tai Road, Tseung Kwan O, Kowloon	2997 0324
Haven of Hope S. K. Yee Tiu Keng Leng Clinic	G/F, Wing B, Ming Yat House, Kin Ming Estate, Tseung Kwan O, Kowloon	3144 9250

- **The University of Hong Kong Lady Helen WOO Women's Diagnostic and Treatment Centre**

Address: 2/F, East Wing, Tsan Yuk Hospital, 30 Hospital Road, Sai Ying Pun, Hong Kong
Enquiry hotline: 2589 2405
Fax: 2549 7375

- **The Centre of Research and Promotion of Women's Health**
The Chinese University of Hong Kong

Address: Room 307, School of Public Health, Prince of Wales Hospital, Shatin, New Territories
Enquiry hotline: 2252 8839

- **Kwong Wah Hospital Well Women Clinic**

Address: 4/F, TWGHs Tsui Tsin Tong Outpatient Building, Kwong Wah Hospital, 25 Waterloo Road, Kowloon
Telephone number: 2782 1773

- **Tung Wah Eastern Hospital Well Women Clinic**

Address: 2/F, TWGHs Lo Ka Chow Ophthalmic Memorial Centre, 19 Eastern Hospital Road, Causeway Bay, Hong Kong
Enquiry hotline: 2915 7311
Appointment Hotline: 2915 7555

• Woman Health Centres of Department of Health

Provide comprehensive examination for women under 65 years old.

Woman Health Centre	Address	Enquiry Telephone
Chai Wan Woman Health Centre ◆	2/F, Chai Wan Health Centre, 1 Hong Man Street, Chai Wan, Hong Kong	2975 0236
Lam Tin Woman Health Centre *◆	6/F, Lam Tin Polyclinic, 99 Kai Tin Road, Lam Tin, Kowloon	2727 5332
Tuen Mun Woman Health Centre	Yan Oi Polyclinic, 4 Tuen Lee Street, Tuen Mun, New Territories	2451 6667

• Maternal and Child Health Centres of Department of Health

Provide cervical screening for women from 25 years onwards.

Enquiry hotline: 2112 9900

Appointment Hotline: 3166 6631

Hong Kong

Maternal and Child Health Centre	Addresses
Anne Black Maternal & Child Health Centre ◆	1/F, Anne Black Health Centre, 140 Tsat Tsz Mui Road, North Point
Ap Lei Chau Maternal & Child Health Centre *◆	2/F, Ap Lei Chau Clinic, 161 Ap Lei Chau Main Street, Ap Lei Chau
Chai Wan Maternal & Child Health Centre *◆	Level 2, Government Office, Block 6, New Jade Garden, 233 Chai Wan Road, Chai Wan
Sai Wan Ho Maternal & Child Health Centre *◆	2/F, Sai Wan Ho Health Centre, 28 Tai Hong Street, Sai Wan Ho
Tang Chi Ngong Maternal & Child Health Centre *◆	5/F, Tang Chi Ngong Specialist Clinic, 284 Queen's Road East, Wan Chai
Sai Ying Pun Maternal & Child Health Centre *◆	6/F, Sai Ying Pun Jockey Club Polyclinic, 134 Queen's Road West, Sai Ying Pun

Kowloon

Maternal and Child Health Centre	Addresses
East Kowloon Maternal & Child Health Centre *◆▲	1/F, East Kowloon Polyclinic, 160 Hammer Hill Road, Diamond Hill
Hung Hom Maternal & Child Health Centre ◆	2/F, Hung Hom Clinic, 22 Station Lane, Hung Hom
Lam Tin Maternal & Child Health Centre *◆	1/F, Lam Tin Polyclinic, 99 Kai Tin Road, Lam Tin
Ngau Tau Kok Maternal & Child Health Centre *◆	1/F, Ngau Tau Kok Jockey Club Clinic, 60 Ting On Street, Ngau Tau Kok
Robert Black Maternal & Child Health Centre ◆	1/F, Robert Black Health Centre, 600 Prince Edward Road, San Po Kong
Wang Tau Hom Maternal & Child Health Centre ◆	G/F, Wang Tau Hom Jockey Club Clinic, 200 Junction Road East, Wang Tau Hom
West Kowloon Maternal & Child Health Centre *◆▲	2/F, West Kowloon Health Centre, Cheung Sha Wan Government Offices, 303 Cheung Sha Wan Road, Sham Shui Po
Wu York Yu Maternal & Child Health Centre *◆▲	1/F, Wu York Yu Health Centre, 55 Sheung Fung Street, Wong Tai Sin
Yaumatei Maternal & Child Health Centre *◆	6/F, Yaumatei Specialist Clinic Extension, 143 Battery Street, Yaumatei

New Territories East and Islands

Maternal and Child Health Centre	Addresses
Fanling Maternal & Child Health Centre *◆▲	3/F, Fanling Health Centre, 2 Pik Fung Road, Fanling
Lek Yuen Maternal & Child Health Centre *◆	1/F, Lek Yuen Health Centre, 9 Lek Yuen Street, Shatin
Ma On Shan Maternal & Child Health Centre *◆	1/F, Ma On Shan Health Centre, 609 Sai Sha Road, Ma On Shan
Tseung Kwan O Po Ning Road Maternal & Child Health Centre *◆	1/F, Tseung Kwan O Po Ning Road Health Centre, 28 Po Ning Road, Tseung Kwan O

Tung Chung Maternal & Child Health Centre ◆	G/F, Tung Chung Health Centre, 6 Fu Tung Street, Tung Chung, Lantau Island
Wong Siu Ching Maternal & Child Health Centre ◆	1/F, Wong Siu Ching Clinic, 1 Po Wu Lane, Tai Po
Cheung Chau Maternal & Child Health Centre ◆	G/F, St. John Hospital, Cheung Chau Hospital Road, Cheung Chau
Mui Wo Maternal & Child Health Centre ※◆	1/F, Mui Wo Clinic, 2 Ngan Kwong Wan Road, Mui Wo, Lantau Island

New Territories West

Maternal and Child Health Centre	Addresses
Madam Yung Fung Shee Maternal & Child Health Centre ※◆▲	1/F, Madam Yung Fung Shee Health Centre, 26 Sai Ching Street, Yuen Long
Maurine Grantham Maternal & Child Health Centre ※◆	G/F, Maurine Grantham Health Centre, 115 Castle Peak Road, Tsuen Wan
North Kwai Chung Maternal & Child Health Centre ◆▲	1/F, North Kwai Chung Clinic, 125 Tai Pak Tin Street, Kwai Chung
South Kwai Chung Maternal & Child Health Centre ◆	1/F, South Kwai Chung Polyclinic, 310 Kwai Shing Circuit, Kwai Chung
Tin Shui Wai Maternal & Child Health Centre ※◆	1/F, Tin Shui Wai Health Centre, 3 Tin Shui Road, Tin Shui Wai, Yuen Long
Tsing Yi Maternal & Child Health Centre ※◆	3/F, Cheung Hong Commercial Complex, Phase I, Cheung Hong Estate, Tsing Yi
Tuen Mun Wu Hong Maternal & Child Health Centre ※#◆	2/F, Tuen Mun Wu Hong Clinic, 2 Wu Hong Street, Tuen Mun
Yan Oi Maternal & Child Health Centre ※#◆▲	1/F, Yan Oi Polyclinic, 4 Tuen Lee Street, Tuen Mun

Note:

- ※ with lift facility
- # with sound reminder system in lift
- ◆ with toilet for disabled persons
- ▲ with tactile-guided path

Enquiry telephone for lift, toilet and tactile-guided path facilities for disabled persons in Women Health Centres and in Maternal and Child Health Centres: 3166 6631 (Press 2* and then press 6*). For facilities in other organizations, please contact respective organizations for details.

The above clinics/centres are listed for reference only. It is not meant to be exhaustive.